

SEPAK TAKRAW

5. THE PLAYERS

5.1. The game is played between two "Regu" consisting of three players on each side.

5.2. One of the three players shall be at the back and he/she is called "Back".

5.3. The other two players shall be in front one on the left and the other on the right. The player on the left is called "Left Inside" and the player on the right is called "Right Inside".

10. POSITION OF PLAYERS DURING SERVICE

10.1. At the start of play, the players of both "Regu" must be in their respective courts in ready position.

10.2. Serving "Back" or "Tekong" shall have one of his/her feet inside the serving circle. The other foot must be outside the circle to kick the service ball.

10.3. Both of the "Inside" players of the serving side must be in their respective quarter circles.

10.4. The opponent is free to be anywhere within its court.

11. THE START OF PLAY AND SERVICE

11.1. The side that chooses to start the game, shall start the first set the winner of the first set shall change sides and start the second set.

11.2. During the service, as soon as the server kicks the ball, all the players are allowed to move about freely in their respective courts.

11.3. The service is valid if the ball passes over the net, whether it touches the net or not, and inside the boundary of the two net tapes and boundary lines of the opponent's court

11.4. The execution of the Serve by the "Back" player can be kicked in any manner, provided one of his/her feet must be always touching the ground in the service circle.

13. SCORING SYSTEM

13.1. When a fault is committed by either serving side or receiving side, a point is awarded to the opponent side including making next service.

13.2. The winning point for a set is a maximum of 21 points--win by 2 or first to 25 points.

13.4. If each "Regu" wins one set, the game shall be decided in the third set called "Tiebreak" with 15 points—win by 2 or first to 17.

13.5. Before the tiebreak set takes place, the umpire shall toss a disc or coin, and the side winning the toss shall serve first. The changes of the side will occur when one "Regu" reaches 8 points.

Faults

Serving side during service

- The "Inside" player who is making service throws, plays about with the ball (throwing up the ball, bumping, giving to other "Inside" player, etc.) after the call of score has been made by the referee.
- The "Inside" player lifts his feet or steps on the line or crosses over or touches the net while throwing the ball.
- The Tekong jumps off the ground to execute the service.
- The Tekong does not kick the ball on the service throw.
- The ball touches his own player before crossing over the opponent court.
- The ball goes over the net but falls outside the court.
- The ball does not cross to the opponent side.
- A player uses his hand or hands, or any other part of his arms to facilitate the execution of a kick even if the hand or arm does not directly touches the ball, but it touches other objects or surfaces instead when doing so.

For both sides during the game

- Any player who touches the ball on the opponent side.
- Any part of player's body crosses over into opponent's court whether above or under the net except during the follow-through of the ball.
- Playing the ball more than 3 times in succession.
- The ball touches the arm
- Stopping or holding the ball under the arm, between the legs or body.
- Any part of the body or player's outfits e.g. shoes, jersey, head band etc., touches the net or the post or the referee's chairs or falls into the opponent's side.
- The ball touches the ceiling, roof or the wall (any objects)

Serving and receiving side during service

- Creating distracting manner or noise or shouting at his opponent.

