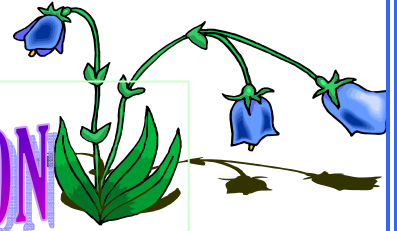


MARGARETVILLE CENTRAL SCHOOL

NOTES FROM THE PRINCIPAL

May 24th – May 31st
 We are on the web!



Monday, 5/24/10

- NYSESLAT
 (Speaking, Listening, Reading, Writing)

Tuesday, 5/25/10

- Grade 4 Science Test (Performance)
- 9th Grade Field Trip 8:15

Wednesday 5/26/10

- Grade 4 Science Test (Performance)
- Sports Physicals and 7th & 10th gr. Annual Physicals
- NHS Induction Ceremony 7PM

Thursday, 5/27/10

- Grade 8 Science Test (Performance)
- Art Club Field Trip to Storm King
- Blood Drive
- Grade 5 Field Trip – NYC

Friday, 5/28/10

Monday, 5/31/10

- Memorial Day – No School
-

LUNCH

5/24/10

Sloppy Joe w/a Bun, Veggie, Chips

5/25/10

Fish on a Bun, Chips, Veggie

5/26/10

Hamburger w/a Bun
 Cheese, Pickle, Tater Tots

5/27/10

Pepperoni or Cheese Pizza, Macaroni Salad

5/28/10

Chicken Taco w/Cheese, Lettuce, Sour Cream 7 & Salsa

APPRECIATION

We are so often caught up in our destination that we forget to appreciate the journey, especially the goodness of the people we meet on the way. Appreciation is a wonderful feeling, don't overlook it.

Anonymous

GET 1 HOUR OR MORE OF PHYSICAL ACTIVITY EACH DAY.

Why? Activity helps kids become healthy and strong. Movement strengthens muscles-including the heart and physical activity helps kids look and feel their best.

How? Your kids' 60 minutes of physical activity doesn't need to happen all at once. Just help them get active for 10 or 15 minutes a few times a day.

Crab Crawl: Sit with your feet flat on the floor, knees bent. Lean back and place your hands flat on the floor behind you. Lift your seat off the floor, putting your weight on your hands and feet. Now, crab crawl around the room with your kids!

Congratulations to all spring sports as Varsity Baseball, Softball and Tennis all won Upper Delaware League titles.

Also, Congratulations to the Varsity Softball team on their 12-1 Crossover victory over Roxbury on Thursday, 5/20/10.

BOYS/GIRLS VARSITY BASEBALL AND SOFTBALL

5/24/10	5/25/10	5/26/10	5/27/10	5/28/10	5/29/10
		Baseball Sectionals Start Our boys are the #1 seed and have a bye and play their first round game on Friday 5/28/10.	Softball Sectionals Start		